



GOAL SETTING WORKSHEET

LIST MAJOR LIFE GOALS

<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____

ADD PRIORITY RANKING (1-5) IN BOXES ABOVE

TAKE TOP GOAL AND MAKE IT HAPPY

H - Honed _____

A - Accountable _____

P - Possible _____

P - Plausible _____

Y - Year-in _____

LIST STEPS THAT NEED TO BE ACCOMPLISHED IN THE NEXT 30

Step 1 _____

Step 2 _____

Step 3 _____

Step 4 _____

Step 5 _____

